

Fraternal Order of Police of Ohio, Inc.

Critical Incident Response Service

222 East Town Street
Columbus Ohio 43215-4611

Telephone: 614-224-5700
24/7 Toll Free: 800-367-6524
Facsimile: 614-224-5775

For Family Members & Friends

- * Listen carefully.

- * Spend time with the traumatized person.

- * Offer your assistance and a listening ear if they have not asked for help.

- * Reassure them that they are safe.

- * Help them with everyday tasks like cleaning, cooking, caring for the family, and minding children.

- * Give them some private time.

- * Don't take their anger or other feeling personally.

- * Don't tell them that they are "lucky it wasn't worse" - that statement does not console traumatized people. Instead, tell them that you are sorry such an event has occurred and you want to understand and assist them.