

Fraternal Order of Police, of Ohio, Inc.

Critical Incident Response Service

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1-614-224-5700
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For Family Members & Friends

- * Listen carefully.
- * Spend time with the traumatized person.
- * Offer your assistance and a listening ear if they have not asked for help.
- * Reassure them that they are safe.
- * Help them with everyday tasks like cleaning, cooking, caring for the family, and minding children.
- * Give them some private time.
- * Don't take their anger or other feeling personally.
- * Don't tell them that they are "lucky it wasn't worse" - that statement does not console traumatized people. Instead, tell them that you are sorry such an event has occurred and you want to understand and assist them.